**NOTICE TO CEASE AND DESIST**

From

[NAME OF SENDER]

[SENDER ADDRESS]

Date [DATE]

**Re: Current Harassment**

Dear [NAME OF RECIPIENT],

This letter has been served as notice of your unwarranted harassment activities, or the equivalent thereof, that has been on-going in recent weeks. Therefore, you are required to cease and desist all verbal and physical attacks, including but not limited to:

[LIST ACTS OF HARASSMENT].

**If you do not cease all related acts a harassment lawsuit will be commenced against you.**

The previously conducted actions are unwanted, unwelcome, and have become unbearable. Due to the aforementioned harm you have caused, this cease and desist shall serve as a pre-suit letter demanding that you provide us written assurance within [NUMBER OF] days that you will refrain from further actions that could be deemed as harassment.

If you do not comply with this cease and desist letter within the aforementioned time-period then a lawsuit may be filed in the proper jurisdiction seeking monetary damages as well as pursuing all available legal remedies for your harassment.

Sincerely,

[\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_](https://esign.com/)