

# MY CHOICES Advance Directive for My Health Care

Ī	Print Your Full Name	Date of Birth	Social Security Number.							
	These directions apply only in situations when I am n Put an X through any sections you are not completin		nunicate my health care choices directly.							
HEALTH CARE REPRESENTATIVE										
ny	Representative may make ALL health care decisions in medical records. This appointment applies whether ish to appoint a Representative:   Yes	I am expected to recove								
	I appointPrint Representative's full name.									
	Representative's Address									
	City	State	Zip							
Home PhoneCell Phone		Wo	ork Phone							
	revoke this authority at any time I regain these abilidetermine I am not capable of making decisions in If, for any reason, I should need a guardian of my palternate Representative(s), named below.	my own best interest).								
3.	Alternate Representatives  If 1). I revoke my Representative's authority; or 2). My Representative becomes unwilling or unable to act for me; or 3). My Representative is my spouse and I become legally separated or divorced. I name the following person(s) as alternates to my Representative in the order listed.									
	1	2								
	AddressSTZipHome PhoneCell Phone	Home Ph	_STZip							
			INITIAL							

### **HEALTH CARE GUIDELINES ABOUT THE END OF LIFE**

	EACH SPECIFIC WISH BELOW:				
	$I \square (do)$ or $\square (do not)$ want treatment that only prolongs the dying process.				
	I $\square$ (do) or $\square$ (do not) want treatment to maintain my dignity, keep me comfortable and relieve me of pain.				
	I □ (do) or □ (do not) want Cardio Pulmonary Resuscitation.				
•	I $\square$ (do) or $\square$ (do not) want mechanical ventilation (breathing).				
5. If I cannot eat, I □ (do) or □ (do not) want a tube inserted in my nose, mouth, or surgically plain my stomach to give me food.					
	If I cannot drink, I $\Box$ (do) or $\Box$ (do not) want to receive fluids through a needle or catheter placed in my body.				
	If I have a serious infection, I $\square$ (do) or $\square$ (do not) want antibiotics that would only prolong the dying process.				
-R	SPECIFIC WISHES:				
	51 ECHTC VVISTLES				
	INITIAL				

#### SIGNING AND WITNESSING THIS ADVANCE DIRECTIVE

#### A. Your signature [ Sign this document in the presence of two witnesses.]

- 1. I revoke any prior health care advance directive or directions.
- 2. This document is intended to be valid in any jurisdiction in which it is presented.
- 3. A copy of this document is intended to have the same effect as the original.
- 4. Those who act as I have directed in this document shall be free from legal liability for having followed my directions.
- 5. If my attending physician is unwilling or unable to comply with my wishes, I direct my care be transferred to another physician.

Signature		Print Full Name		
ddress				
iity	ST	_Zip		
ome Ph				
	ed this document is personall	y known to me, and has signed t	nese health	care advance directive
esence, and appears to be of sou a witness, I am NOT: -The person appointed as Rep	resentative by this document,			
-Financially responsible for this -Related to this person by bloc -To the best of my knowledge	od, marriage, or adoption; an , entitled to inherit any part o	d of this person's estate		
under a will now existing or l		2		
Signature	Date	Signature		Date
me		Name		
dress		Address		
yST	Zip	City	ST	Zip
ou choose to have this form serve izing this Document (Optional)		for Health Care, please complete n	otarization b	elow:
OUNTY OF				
		known to me (or sat	isfactorily pro	oven) to be the person na
oing instrument, personally appeare	d before me, a Notary Public, wi rposes stated therein.	thin and for the State and County afc	oresaid, and a	cknowledged that he or
itally executed the same for the pu				
itally executed the same for the pu	Notary Public for the	State of Montana		
itally executed the same for the pu	Notary Public for the			
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## **CONSIDERATIONS** A. Spiritual Preferences My religion:\_\_\_\_\_ My faith community:\_\_\_\_\_ Contact person:\_\_\_\_\_ I would like spiritual support: Yes No B. My Preference is to die at: $\square$ My Home ☐ My Home ☐ Hospital ☐ Other\_\_\_\_\_ □ Nursing Home C. Donation of Organs at My Death (if eligible) ☐ I do not wish to donate any of my body, organs or tissue. ☐ I wish to donate my entire body. ☐ I wish to donate only the following: [check all that apply] ☐ Any Organs, tissues or body parts: ☐ Heart ☐ Kidneys ☐ Lungs ☐ Eyes ☐ Skin ☐ Liver ☐ Bone Marrow □ Others D. After Death Care: [Care of my body, burial, cremation, autopsy, funeral home preference] E. Additional Directions: (Use additional pages if necessary) Signature \_\_\_\_\_ Date \_\_\_\_\_ F. Distributing this Document: (Optional) I plan to send copies of this document to the following people or locations: ☐ Representative: ☐ Family Member: Relationship\_\_\_\_\_ ☐ Hospital: ☐ Physician: ☐ Clergy: ☐ Other: Name\_\_\_\_\_ Name INITIAL\_