

## APPOINTMENT OF HEALTH CARE REPRESENTATIVE

I understand that, as a competent adult, I have the right to make decisions about my health care. There may come a time when I am unable, due to incapacity, to make my own health care decisions. In these circumstances, those caring for me will need direction and will turn to someone who knows my values and health care wishes. By signing this appointment of health care representative, I appoint a health care representative with legal authority to make health care decisions on my behalf in such case or at such time.

I appoint \_\_\_\_\_ to be my health care representative. If my attending physician determines that I am unable to understand and appreciate the nature and consequences of health care decisions and to reach and communicate an informed decision regarding **my health care representative is authorized to (1) accept or refuse any treatment, service or procedure used to diagnose or treat my physical or mental condition, except as otherwise provided by law, such as psychosurgery or shock therapy as defined in Conn. Gen. Stat. § 17a-540, and (2) make the decision to provide, withhold or withdraw life support systems.**

I direct my health care representative to make decisions on my behalf in accordance with my wishes as stated in a living will, or as otherwise known to my health care representative. In the event my wishes are not clear or a situation arises that I did not anticipate, my health care representative may make a decision in my best interests, based upon what is known of my wishes.

If \_\_\_\_\_ is unwilling or unable to serve as my health care representative, I appoint \_\_\_\_\_ to be my alternative health care representative.

This request is made, after careful reflection, while I am of sound mind.

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (Date)      X \_\_\_\_\_

### WITNESSES' STATEMENTS

This document was signed in our presence by \_\_\_\_\_ the author of this document, who appeared to be eighteen years of age or older, of sound mind and able to understand the nature and consequences of health care decisions at the time this document was signed. The author appeared to be under no improper influence. We have subscribed this document in the author's presence and at the author's request and in the presence of each other.

x \_\_\_\_\_  
(Witness)

x \_\_\_\_\_  
(Number and Street)

x \_\_\_\_\_  
(City, State and Zip Code)

x \_\_\_\_\_  
(Witness)

x \_\_\_\_\_  
(Number and Street)

x \_\_\_\_\_  
(City, State and Zip Code)

OPTIONAL FORM

**WITNESSES' AFFIDAVITS**

STATE OF CONNECTICUT )  
 )  
 ) :ss. \_\_\_\_\_  
 ) (Town)  
 COUNTY OF \_\_\_\_\_ )

We, the subscribing witnesses, being duly sworn, say that we witnessed the execution of this appointment of a health care representative by the author of this document; that the author subscribed, published and declared the same to be the author's instructions, appointments and designation in our presence; that we thereafter subscribed the document as witnesses in the author's presence, at the author's request and in the presence of each other; that at the time of the execution of said document the author appeared to us to be eighteen years of age or older, of sound mind, able to understand the nature and consequences of said document, and under no improper influence, and we make this affidavit at the author's request this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

x \_\_\_\_\_  
 (Witness)  
 x \_\_\_\_\_  
 (Number and Street)  
 x \_\_\_\_\_  
 (City, State and Zip Code)

x \_\_\_\_\_  
 (Witness)  
 x \_\_\_\_\_  
 (Number and Street)  
 x \_\_\_\_\_  
 (City, State and Zip Code)

Subscribed and sworn to before me by \_\_\_\_\_ and \_\_\_\_\_,  
 the signing witnesses to the foregoing affidavit this \_\_\_\_ day of \_\_\_\_\_,  
 20\_\_\_\_.

\_\_\_\_\_  
 Commissioner of the Superior Court  
 Notary Public  
 My Commission expires: \_\_\_\_\_

(Print or type name of all persons signing under all signatures)